

ALLURAMD

PEPTIDE
THERAPY

OPTIMIZE YOUR WELLNESS

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WHAT ARE PEPTIDES?

Your Path to Optimal Wellness

As we age, it's natural to notice changes in our skin, metabolism, energy, and cognitive function. Concerns such as weight gain, inflammation, reduced vitality, and slower recovery can become more common over time.

Fortunately, advancements in regenerative medicine have introduced powerful tools to support healthier aging—one of the most exciting being peptide therapy.

The Power of Peptides

Peptides are short chains of amino acids found naturally throughout the body. Though small, they play a critical role in cellular communication, helping regulate essential functions such as metabolism, immune support, tissue repair, and hormone signaling. When used therapeutically, peptides can be customized to target specific wellness goals, improving how you look, feel, and perform.

Peptide therapy may help support:

- Improved energy and metabolism
- Fat loss and lean muscle development
- Enhanced skin health and hair growth
- Reduced inflammation and faster recovery
- Sharper memory, mood, and cognitive clarity
- Better sleep, libido, and athletic performance

Because different peptides influence different systems, treatment can be personalized for optimal results.

Experience Advanced Peptide Therapy at AlluraMD

At AlluraMD Aesthetics + Wellness, we combine medical expertise with personalized, results-driven care to create customized peptide protocols tailored to your unique needs and goals. Whether you are seeking enhanced energy, improved body composition, healthier aging, or optimized performance, our team is here to guide you with the highest standard of wellness medicine.

Schedule your peptide consultation today and discover why AlluraMD is the trusted choice for advanced regenerative and longevity-focused care.





CATEGORY 1:
HIGH PRODUCTION &
OVERALLWELLNESS

Sermorelin

Sermorelin is a peptide designed to fight the effects of aging and promote weight loss. It turns back the hands of time by stimulating your pituitary gland's natural production of human growth hormone, which declines over the years and causes the changes associated with aging. By supporting the healthy function of the pituitary gland, your body is able to replenish your hormones back to more youthful levels to improve your appearance, weight, energy, health, and quality of life.

BENEFITS OF SERMORELIN

- Increases lean muscle mass
- Reduces body fat
- Boosts energy
- Strengthens immune system
- Improves cardiovascular health
- Enhances quality of sleep
- Builds stamina
- Improves skin firmness and thickness
- Accelerates healing
- Reduces muscle and body Aches
- Relieves joint pain



IGF1-LR3

IGF-1 Long R3, or IGF-1 LR3, is a form of IGF that has been chemically altered with changed amino acids. It consists of 83 amino acids with a substitution of Arg(R) for the Glu(E) at position three, hence, the name R3. The alterations enable it to avoid binding to proteins in the body, which allows it to have a longer half-life. Essentially, when IGF-1 LR3 is active in the body, it functions differently in different types of tissues. For instance, in muscle tissue, it makes the muscle more sensitive to insulin's effects, such as a reduction in fat storage. But while IGF-1 LR3 helps fat reduction, a person using it may experience weight gain because of the increase in pure muscle weight.

BENEFITS OF IGF1-LR3

- Accelerates fat burning and fat loss
- Improves skin elasticity and collagen production
- Builds lean muscle
- Enhances strength and stamina
- Decreases inflammation
- Improves sleep
- Heals and repairs lean muscle tissue
- Helps balance blood insulin levels



Tesamorelin

Tesamorelin is a Growth Hormone-Releasing Hormone (GHRH) analog peptide that can increase IGF-1 levels in both men and women. It is an injectable peptide that can increase the natural production of Human Growth Hormone (HGH). This growth hormone can bind and stimulate the GHRH receptors that have a similar potency to GHRH.

BENEFITS OF TESAMORELIN

- Increases Natural production of HGH (Human Growth Hormone)
- Increases IGF-1 (Insulin Growth Factor – 1)
- Reduces triglycerides
- Reduces visceral fat
- Improves cognitive function



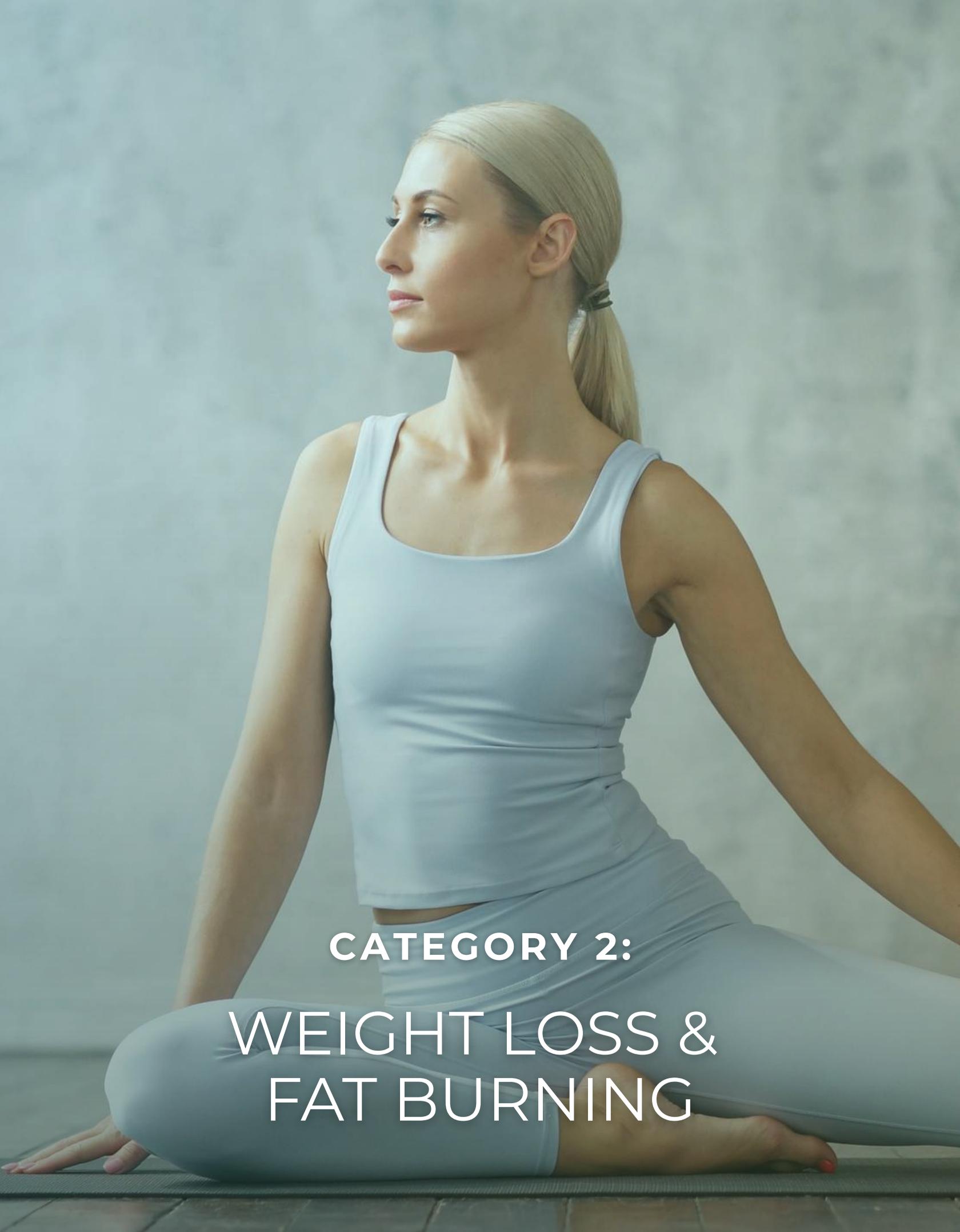
CJC-1295 + Ipamorelin

This synergistic combination of CJC-1295 and Ipamorelin works through complementary pathways to stimulate the body's natural growth hormone release. By extending the duration of GH secretion while promoting clean, physiologic pulses, this pairing supports sustained hormone optimization without overstimulation. CJC-1295 increases growth hormone signaling over time, while Ipamorelin selectively enhances GH release with minimal impact on cortisol or prolactin. Together, they promote improved body composition, recovery, energy, and overall vitality, making this combination ideal for long-term optimization and healthy aging.

BENEFITS OF CJC-1295 + IPAMORELIN

- Increases lean muscle mass
- Reduces body fat
- Improves recovery and physical performance
- Supports healthy aging
- Enhances sleep quality
- Boosts energy and stamina
- Supports metabolic health
- Promotes overall well-being





CATEGORY 2:

**WEIGHT LOSS &
FAT BURNING**

Tirzepatide

Tirzepatide is a peptide that works by activating certain receptors in the body that play a role in regulating appetite and metabolism. In clinical trials, tirzepatide has been shown to produce significant weight loss in individuals with obesity, as well as improvements in other markers of health such as blood sugar control and cardiovascular risk factors. Tirzepatide is unique because it is the first medication that combines two classes of medication: a glucagon-like peptide-1 (GLP-1) receptor agonist and a glucose-dependent insulintropic polypeptide (GIP) receptor agonist. This makes tirzepatide a dual GLP-1/GIP receptor agonist. Together, these functions can help reduce hunger, causing you to eat less and lose more weight.

BENEFITS OF TIRZEPATIDE

- Improves beta cell function
- Promotes lipolysis
- Lowers BMI and accelerates fat loss
- Reduces Inflammation and promotes gut health
- Lowers A1C
- Improves insulin resistance
- Helps control food cravings
- Provides cardiovascular benefits
- Helps pancreatic insulin release to lower glucose levels in the bloodstream
- Improves glycemic control
- Supports major weight loss

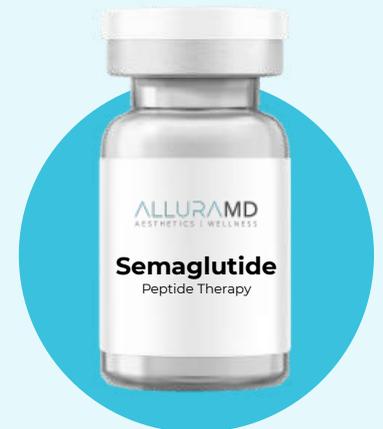


Semaglutide

Semaglutide works by mimicking a hormone called glucagon-like peptide-1 (GLP-1) that targets areas of the brain that regulate appetite and food intake. GLP-1 agonists like Semaglutide help to control your blood sugar, but people taking them also tend to lose weight. GLP-1, the key hormone involved, slows down how fast your stomach empties food. In addition to causing your pancreas to release insulin, Semaglutide also blocks a hormone that causes your liver to release sugar (glucagon). Together, these functions can help you feel less hungry, causing you to eat less food and lose more weight.

BENEFITS OF SEMAGLUTIDE

- Promotes lipolysis
- Lowers BMI and accelerates fat loss
- Reduces inflammation and promotes gut health
- Lowers A1C and blood pressure
- Improves insulin resistance
- Reduces plaque hemorrhage
- Helps pancreatic insulin release to lower glucose levels in the bloodstream
- Promotes significant weight loss
- Helps controls food cravings



5-Amino-1MQ

5-amino-1MQ is a small molecule that inhibits the activity of the enzyme called nicotinamide N-methyltransferase (NNMT). NNMT plays a crucial role in metabolism and energy, primarily in fat tissue. By blocking NNMT, 5-amino-1MQ promotes an increase in nicotinamide adenine dinucleotide (NAD+), a cofactor essential for cellular metabolism. This, in turn, boosts metabolic rate and activates a gene known as sirtuin-1 (SIRT1), also referred to as the “longevity gene.” SIRT1 is involved in reducing the risk of various conditions such as diabetes, obesity, metabolic syndrome, atherosclerosis, cardiovascular disease, kidney disease, liver disease, neurodegeneration, and cancer.

BENEFITS OF 5-AMINO-1MQ

- Accelerates fat burning and fat loss
- Improves skin elasticity and collagen production
- Builds lean muscle
- Enhances strength and stamina
- Decreases inflammation
- Improves sleep
- Heals and repairs lean muscle tissue
- Helps balance blood insulin levels



Elamipretide (SS-31)

Elamipretide (SS-31) is a small peptide that targets mitochondria, offering anti-inflammatory and antioxidant benefits by stabilizing cardiolipin to improve ATP production. It supports chronic conditions like diabetes, heart disease, and chronic fatigue, reducing oxidative stress and enhancing cellular health. SS-31 crosses the blood-brain barrier, aiding neurodegenerative disorders like MS, Alzheimer's, and Parkinson's, and may protect against cognitive decline. Additionally, it improves physical endurance and addresses mitochondrial myopathy, with clinical trials for Duchenne Muscular Dystrophy. With a good safety profile, SS-31 is studied for anti-aging, muscle aging, atherosclerosis, osteoarthritis, and glaucoma.

BENEFITS OF SS-31

- Reduces mitochondrial oxidative stress
- Enhances cellular health
- Reduces inflammation
- Improves cognitive health
- Offers cardiovascular protection
- Improves muscle performance
- Contains anti-aging properties



CJC-1295 + Ipamorelin

This synergistic combination of CJC-1295 and Ipamorelin works through complementary pathways to stimulate the body's natural growth hormone release. By extending the duration of GH secretion while promoting clean, physiologic pulses, this pairing supports sustained hormone optimization without overstimulation. CJC-1295 increases growth hormone signaling over time, while Ipamorelin selectively enhances GH release with minimal impact on cortisol or prolactin. Together, they promote improved body composition, recovery, energy, and overall vitality, making this combination ideal for long-term optimization and healthy aging.

BENEFITS OF CJC-1295 + IPAMORELIN

- Increases lean muscle mass
- Reduces body fat
- Improves recovery and physical performance
- Supports healthy aging
- Enhances sleep quality
- Boosts energy and stamina
- Supports metabolic health
- Promotes overall well-being



Ibutamoren (MK-677)

Ibutamoren is an orally active growth hormone secretagogue that increases growth hormone and IGF-1 levels by mimicking the action of ghrelin. Unlike injectable peptides, it offers a convenient option for long-term hormone support. By enhancing GH signaling, Ibutamoren supports muscle growth, fat metabolism, bone density, and recovery. It is often used to promote body composition improvements, better sleep, and overall vitality.

BENEFITS OF IBUTAMOREN (MK-677)

- Increases lean muscle mass
- Supports fat metabolism
- Improves sleep quality
- Enhances recovery and performance
- Supports bone density
- Boosts energy levels
- Promotes healthy aging



MOTS-C

MOTS-C is a mitochondrial-derived peptide that plays a key role in metabolic regulation and cellular energy production. It enhances the body's ability to utilize glucose efficiently and supports metabolic flexibility at the cellular level. By improving mitochondrial function, MOTS-C helps increase energy production, support weight management, and improve overall metabolic health. It is often used in protocols focused on longevity, endurance, and metabolic optimization.

BENEFITS OF MOTS-C

- Improves insulin sensitivity
- Supports metabolic health
- Enhances cellular energy production
- Promotes fat utilization
- Supports endurance and stamina
- Aids in weight management
- Supports longevity pathways

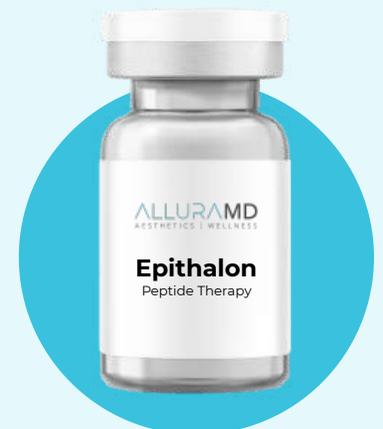


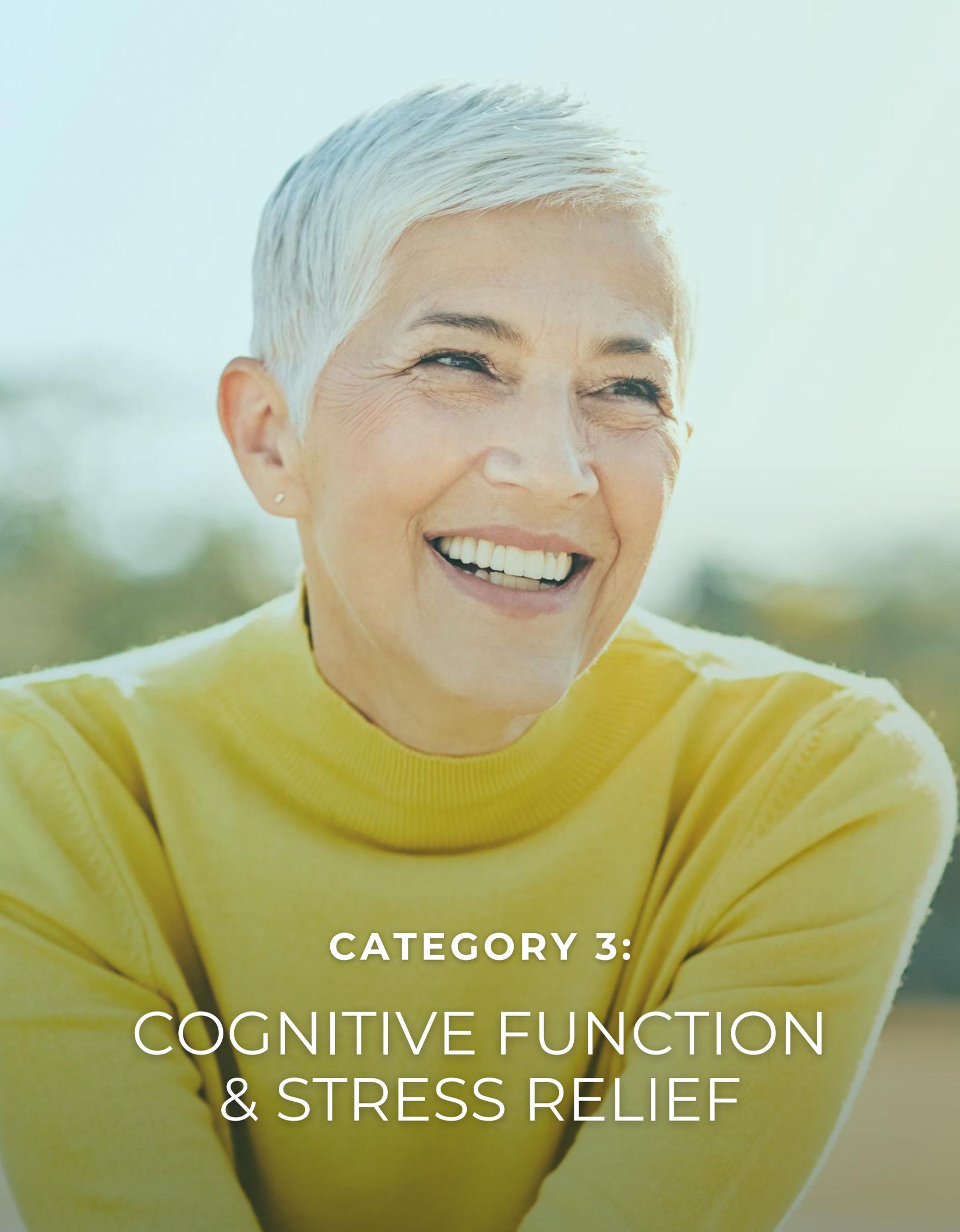
Epithalon

Epithalon is a peptide associated with cellular aging and longevity. It is known for its role in supporting telomere maintenance, which is critical for cellular health and replication. By influencing circadian rhythm regulation and cellular repair mechanisms, Epithalon supports healthy aging, improved sleep, and long-term vitality. It is commonly used in longevity-focused protocols to promote cellular renewal and resilience.

BENEFITS OF EPITHALON

- Supports healthy aging
- Promotes telomere maintenance
- Improves sleep quality
- Supports circadian rhythm balance
- Enhances cellular repair
- Promotes longevity pathways
- Supports overall vitality





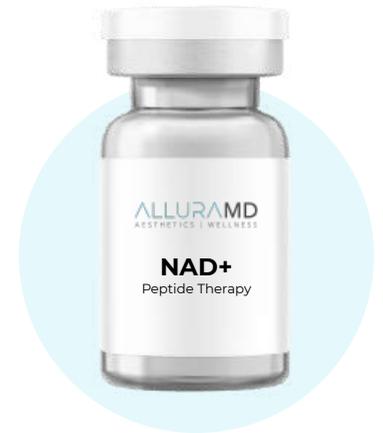
CATEGORY 3:
**COGNITIVE FUNCTION
& STRESS RELIEF**

NAD+

NAD+ (nicotinamide adenine dinucleotide) is a vital coenzyme found in every cell, involved in hundreds of metabolic processes, though its levels decline with age. NAD+ has two main roles: converting nutrients into energy and supporting proteins that regulate cellular functions. How does NAD+ IV or injection therapy work? Oral medications and vitamins often lose some effectiveness as they pass through the digestive system. By contrast, NAD+ infusions or injections deliver the coenzyme directly to cells, bypassing digestion, for better absorption and faster effects, helping to jumpstart the body's healing process.

BENEFITS OF NAD+

- Maximizes brain function
- Restores energy and decreases fatigue
- Promotes cell regeneration
- Contains anti-aging properties



Pinealon

Pinealon supports the central nervous system, promoting mood stability and protecting neurons from oxidative stress, a key factor in aging. Its unique ability to cross the blood-brain barrier and cellular membranes allows it to interact directly with DNA, potentially influencing gene expression. These properties make Pinealon a valuable peptide in neuroscience and cellular biology, with therapeutic potential for conditions linked to oxidative stress and neurodegeneration.

BENEFITS OF PINEALON

- Enhances ability to concentrate and learn
- Improves memory
- Helps stabilize mood
- Neuro-protection anti-aging effects
- Improves cognitive health
- Increases energy levels



Elamipretide (SS-31)

Elamipretide (SS-31) is a small peptide that targets mitochondria, offering anti-inflammatory and antioxidant benefits by stabilizing cardiolipin to improve ATP production. It supports chronic conditions like diabetes, heart disease, and chronic fatigue, reducing oxidative stress and enhancing cellular health. SS-31 crosses the blood-brain barrier, aiding neurodegenerative disorders like MS, Alzheimer's, and Parkinson's, and may protect against cognitive decline. Additionally, it improves physical endurance and addresses mitochondrial myopathy, with clinical trials for Duchenne Muscular Dystrophy. With a good safety profile, SS-31 is studied for anti-aging, muscle aging, atherosclerosis, osteoarthritis, and glaucoma.

BENEFITS OF SS-31

- Reduces mitochondrial oxidative stress
- Enhances cellular health
- Reduces inflammation
- Improves cognitive health
- Offers cardiovascular protection
- Improves muscle performance
- Contains anti-aging properties



Selank

Selank is commonly referred to as the “anti-anxiety” peptide, yet its ability to improve both your brain and your mood help make it an even smarter choice for total peace of mind. Selank is a nasal spray that works by stabilizing the peptides in your body that counteract the natural stress response. While its decreasing anxiety, it's also increasing neurological compounds involved with learning and memory, as well as influencing the “feel-good” chemicals of dopamine and serotonin in your brain to boost your mental focus and mood.

BENEFITS OF SELANK

- Improves sensory awareness
- Improves curiosity
- Enhances mental concentration
- Helps regulate of the activities of noradrenergic and serotonergic brain systems
- Decreases anxiety and stress levels
- Provides better antiviral functioning without any adverse side effects
- Improves cerebral energy
- Promotes better and steady mood as well as feelings of gratification and happiness



Methylene Blue

Methylene blue is a versatile compound in integrative medicine that offers a wide range of therapeutic benefits. Its most notable feature is its ability to enhance mitochondrial function. Since mitochondria are the powerhouses of cells, improving their efficiency can significantly boost overall energy levels and cellular health. Methylene blue provides powerful anti-inflammatory and antioxidant effects. Research shows it activates SIRT1, improves skin appearance, and supports immune function. It also helps reduce the formation of amyloid plaques and neurofibrillary tangles while repairing impaired mitochondrial function and cellular metabolism.

BENEFITS OF METHYLENE BLUE

- Improves memory and cognitive function
- Reduces stress and enhances mood and well-being
- Provides antioxidant protection
- Decreases inflammation
- Increases NAD⁺ production in mitochondria
- Enhances cytochrome oxidase function
- Stimulates oxygen-like activity in mitochondria



A woman is shown from the back, wearing a dark-colored sports bra. She is in a stretching pose, with her arms raised and hands clasped behind her head, pulling her shoulder blades together. The background is a soft, hazy gradient of light blue and white, suggesting an outdoor setting like a beach or a park during sunrise or sunset. The overall mood is calm and focused on physical recovery.

CATEGORY 4:
**REGENERATIVE,
HEALING & RECOVERY**

Mechano Growth Factor

Mechano Growth Factor (MGF), a variant of Insulin-like Growth Factor-1 (IGF-1), is naturally produced in muscle fibers when they are stretched or exercised. By mimicking this natural growth factor, MGF boosts muscle growth and speeds up repair processes. This makes it beneficial for both athletes seeking performance gains and individuals undergoing physical therapy for recovery. IGF-1 converts to MGF, stimulating muscle growth and repair. Mechanical stress on muscles triggers MGF production, aiding tissue repair and adaptation. After injury, MGF activates muscle satellite cells, providing nuclei for fiber repair and growth. Like IGF-1, MGF plays a crucial role in cellular repair and growth. Due to its short half-life, PEGylated MGF is used in compounding to extend its effectiveness.

BENEFITS OF MGF

- Enhances performance
- Promotes muscle regeneration
- Reduces atrophy
- Boosts protein synthesis
- Speeds recovery
- Increases endurance
- Stimulates muscle growth

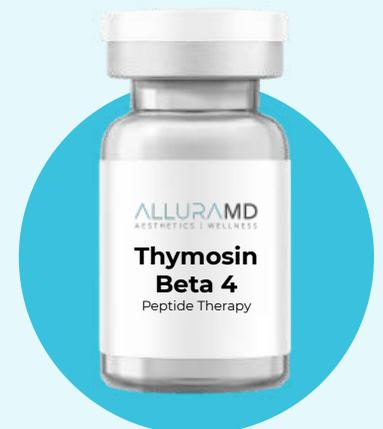


Thymosin Beta 4

Thymosin Beta 4 is a peptide that promotes healing throughout the entire body. One of its main strengths is the way it regulates a cell-building protein that contributes to tissue repair. As a result, Thymosin Beta 4 plays an important role in protecting, repairing and regenerating damaged tissue.

BENEFITS OF THYMOSIN BETA 4

- Calms muscle spasms
- Improves muscle tone
- Encourages tissue repair
- Stretches connective tissue
- Helps maintain flexibility
- Reduces inflammation of tissue in joints
- Encourages the growth of new blood cells in tissue
- Increases endurance and strength



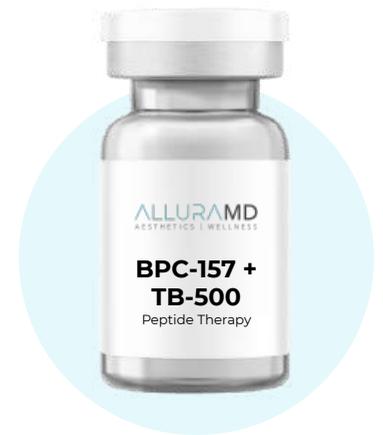
BPC-157 + TB-500

Also known as “the Wolverine Peptide,” this powerful regenerative peptide combination is designed to support accelerated healing and tissue repair throughout the body. BPC-157 focuses on gut integrity, tendon, and ligament repair, and inflammatory modulation, while TB-500 supports cellular migration, muscle repair, and systemic recovery.

Together, they create a comprehensive healing environment that supports recovery from injury, chronic pain, inflammation, and overuse. This pairing is commonly used to enhance musculoskeletal resilience, speed recovery, and support full-body repair processes.

BENEFITS OF BPC-157 + TB-500

- Accelerates tissue and muscle healing
- Supports tendon and ligament repair
- Reduces inflammation
- Improves joint mobility
- Supports gut lining integrity
- Reduces muscle and body aches
- Enhances recovery from injury
- Promotes overall physical resilience





CATEGORY 5:
IMMUNITY SUPPORT

Glutathione

Glutathione is a powerful antioxidant composed of three amino acids, crucial for many of your body's most important functions. Produced by every cell in the human body, glutathione plays a vital role in numerous cellular processes. It's essential for maintaining a healthy, fully functioning immune system. Protecting yourself from free radical damage: To understand why glutathione is such an important and effective antioxidant, it's helpful to learn about free radicals and their potential negative effects on the body. Free radicals are essentially toxins or harmful elements from sources like cigarette smoke, pesticides, car exhaust, and environmental pollutants. Interestingly, even stress can cause free radical damage.

BENEFITS OF GLUTATHIONE

- Slows down the aging process
- Improves mental focus and clarity
- Improves sleep
- Detoxifies
- Increases energy
- Strengthens immune system
- Fights free radicals
- Reduces the effects of stress
- Enhances performance and speeds recovery



NAD+

NAD+ (nicotinamide adenine dinucleotide) is a vital coenzyme found in every cell, involved in hundreds of metabolic processes, though its levels decline with age. NAD+ has two main roles: converting nutrients into energy and supporting proteins that regulate cellular functions. How does NAD+ IV or injection therapy work? Oral medications and vitamins often lose some effectiveness as they pass through the digestive system. By contrast, NAD+ infusions or injections deliver the coenzyme directly to cells, bypassing digestion, for better absorption and faster effects, helping to jumpstart the body's healing process.

BENEFITS OF NAD+

- Maximizes brain function
- Restores energy and decreases fatigue
- Promotes cell regeneration
- Contains anti-aging properties

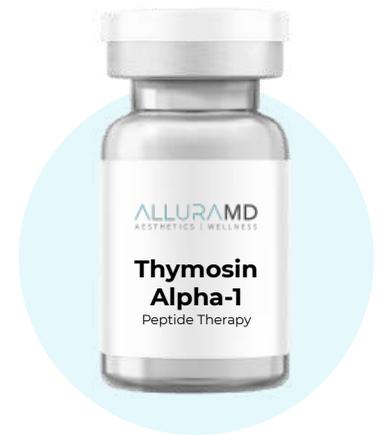


Thymosin Alpha-1

Thymosin Alpha-1 is a peptide originally isolated from thymic tissue and is a compound believed to be responsible for restoring immune function. Thymosin Alpha 1 has been shown to have a pleiotropic mechanism of action and affects multiple immune cell subsets that are involved in immune suppression. Studies have demonstrated improvements in immune system cell subsets and the potential of Thymosin Alpha-1 for the treatment of a range of diseases. Thus, Thymosin Alpha-1, due to the immune-stimulating effects exhibited, may have utility for the treatment of age or disease-related immune suppression.

BENEFITS OF THYMOSIN ALPHA-1

- Enhances the function of certain immune T-cells and dendritic cells
- Helps eradicate unhealthy cells and stop infection
- Suppresses tumor growth
- Protects against oxidative damage
- Exhibits antibacterial and antifungal properties

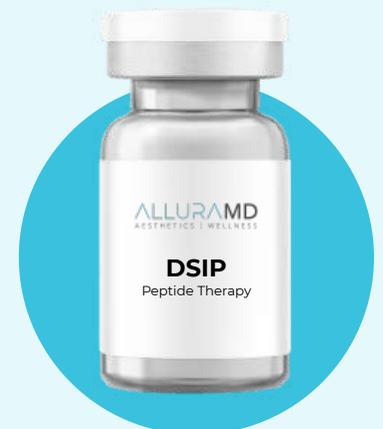


Delta Sleep Inducing Peptide (DSIP)

DSIP is a naturally occurring peptide associated with sleep regulation and neuroendocrine balance. It supports deeper, more restorative sleep while influencing stress response pathways and pain perception. By improving sleep architecture and promoting relaxation, DSIP helps restore the body's natural recovery cycles. Improved sleep quality often translates into better energy, mood, immune function, and physical recovery.

BENEFITS OF DSIP

- improves sleep quality and depth
- supports circadian rhythm balance
- reduces stress response
- enhances recovery during sleep
- supports nervous system regulation
- may reduce pain sensitivity
- promotes relaxation and mental clarity





CATEGORY 6:
GUT HEALTH

BPC-157

BPC-157 is a protein often referred to as a “body protection compound” because it’s derived from a protein in the stomach that protects and heals your gut. BPC-157 is a super-concentrated form of that potent protein, and it embodies all of its protective power. As a result, it helps to rapidly speed up the healing of many different tissues, including your muscles, tendons, ligaments, gut, and brain.

BENEFITS OF BPC-157

- Heals and repairs gut tissue
- Reduces gut inflammation
- Protects against gut damage
- Improves digestion and nutrient absorption
- Protects the integrity of the GI mucosa
- Prevents stomach ulcers, and promotes a healthy microbiome

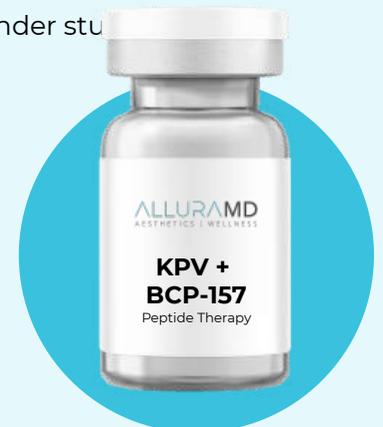


KPV + BPC-157

KPV is a multifunctional peptide with potent anti-inflammatory, antimicrobial, and therapeutic properties, making it effective in treating a variety of conditions. It inactivates inflammatory pathways by entering the cell's nucleus and inhibiting interactions of inflammatory substances, which helps manage diseases like colitis and inflammatory bowel diseases (IBDs). KPV also demonstrates strong antimicrobial activity, particularly against pathogens such as Staphylococcus aureus and Candida albicans. Its combined anti-inflammatory and antimicrobial effects support wound healing, reducing microbial invasion and improving cosmetic outcomes. Additionally, research suggests that KPV may play a role in cancer prevention by decreasing tumor formation and potentially inhibiting colonic carcinogenesis, though the mechanisms remain under study.

BENEFITS OF KPV + BPC-157

- Treats intestinal damage like fistulas and inflammation
- Helps heal stomach ulcers
- Improves wound healing
- Increases cellular regeneration
- Boosts bone and joint healing
- Promotes muscular development





CATEGORY 7:

**LIBIDO & SEXUAL
FUNCTION**

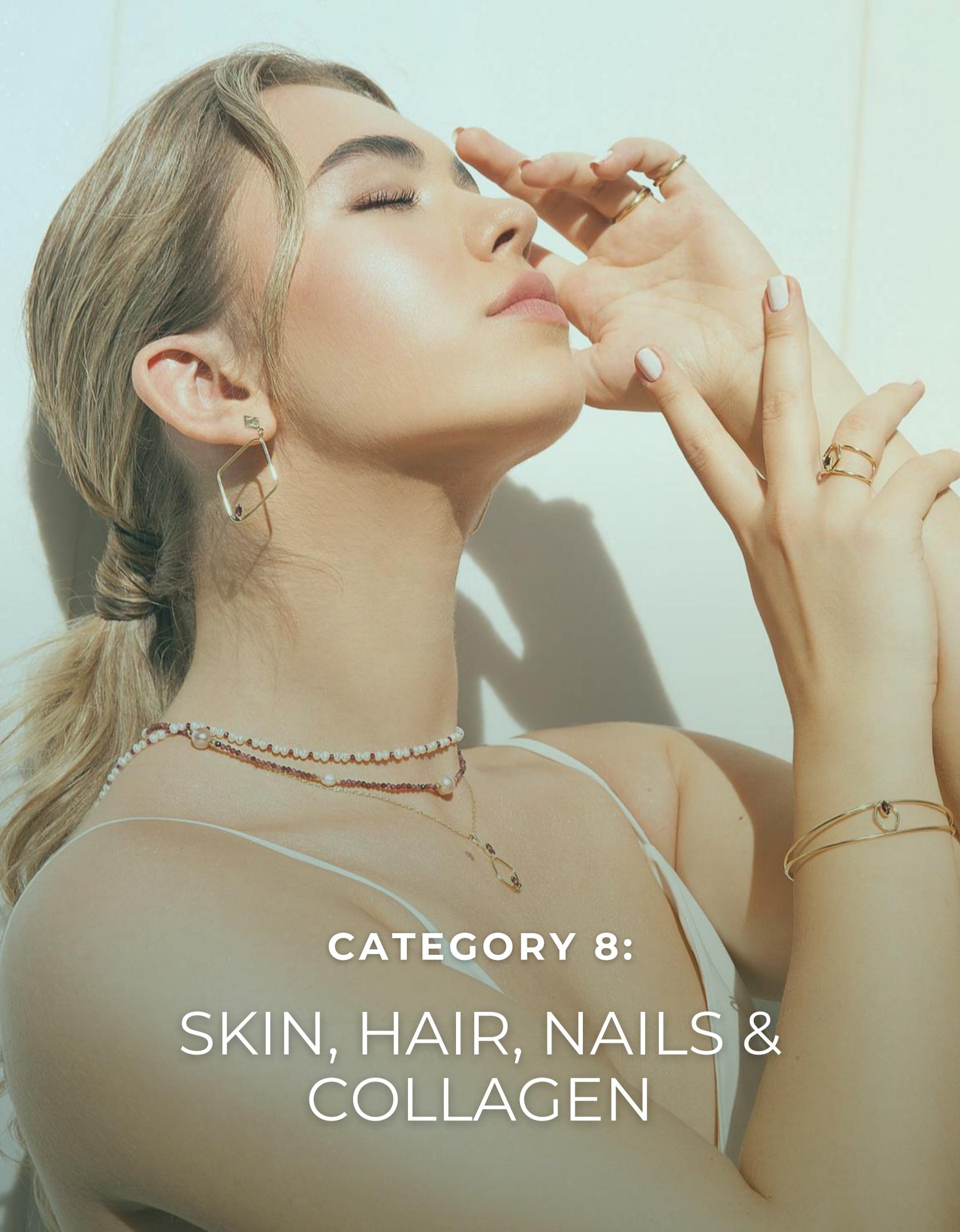
PT-141

PT-141 is a peptide that helps to rejuvenate your sex life by increasing arousal in the nervous system and improving sexual performance in both men and women. As a result, PT-141 is effective at treating sexual dysfunction and inducing sexual arousal in men. It also benefits women by rapidly boosting libido and improving the sexual experience. Altogether, greater sexual satisfaction is enjoyed by all.

BENEFITS OF PT-141

- Increases sexual desire
- Treats sexual dysfunction in men and women
- Remedies impotence, erectile dysfunction, and premature ejaculation in men
- Improves libido in women and sexual arousal in women





CATEGORY 8:
SKIN, HAIR, NAILS &
COLLAGEN

GHK-Cu Copper

GHK-Cu is a copper peptide produced in many tissues in the body that can work wonders for skin and hair. This peptide has become the darling of the cosmetics and beauty industry for its natural ability to produce the collagen and elastin that make your skin fuller and firmer, your hair longer and stronger, and your confidence higher and better. This anti-aging phenomenon also performs as an antioxidant to reduce UV damage, while its anti-inflammatory ability helps to heal all wounds.

BENEFITS OF GHK-CU COPPER

- Improves overall skin appearance
- Increases skin firmness, elasticity and clarity
- Repairs the skin's protective barrier
- Reduces fine lines and wrinkles, inflammation and free radical damage

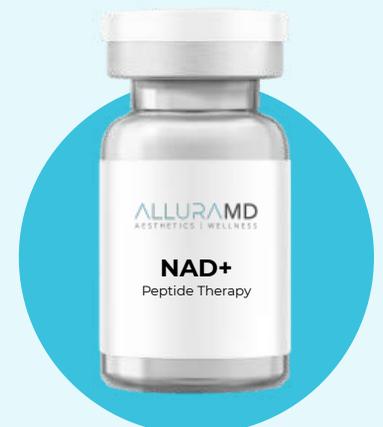


NAD+

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BENEFITS OF NAD+

- Maximizes brain function
- Restores energy and decreases fatigue
- Promotes cell regeneration
- Contains anti-aging properties



Glutathione

Glutathione is a powerful antioxidant composed of three amino acids, crucial for many of your body's most important functions. Produced by every cell in the human body, glutathione plays a vital role in numerous cellular processes. It's essential for maintaining a healthy, fully functioning immune system. Protecting yourself from free radical damage: To understand why glutathione is such an important and effective antioxidant, it's helpful to learn about free radicals and their potential negative effects on the body. Free radicals are essentially toxins or harmful elements from sources like cigarette smoke, pesticides, car exhaust, and environmental pollutants. Interestingly, even stress can cause free radical damage.

BENEFITS OF GLUTATHIONE

- Slows down the aging process
- Improves mental focus and clarity
- Improves sleep
- Detoxifies
- Increases energy
- Strengthens immune system
- Fights free radicals
- Reduces the effects of stress
- Enhances performance and speeds recovery

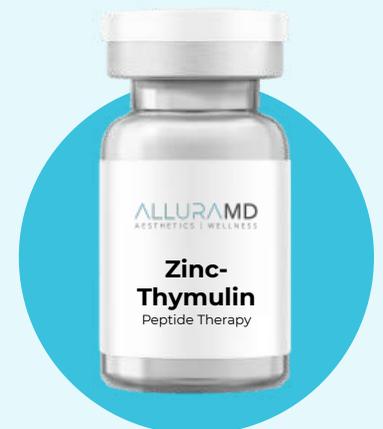


Zinc-Thymulin

Zinc and Thymulin are a pair of natural compounds that help promote healthy hair growth. When expertly blended into a spray solution, these compounds work together to regulate and stimulate hair growth by triggering a longer growth phase to maintain the health of hair follicles and decrease overall hair loss.

BENEFITS OF ZINC-THYMULIN

- Increases hair growth
- Prevents hair loss
- Treats alopecia
- Improves quality of hair





**CATEGORY 9:
LONGEVITY**

NAD+

NAD+ (nicotinamide adenine dinucleotide) is a vital coenzyme found in every cell, involved in hundreds of metabolic processes, though its levels decline with age. NAD+ has two main roles: converting nutrients into energy and supporting proteins that regulate cellular functions. How does NAD+ IV or injection therapy work? Oral medications and vitamins often lose some effectiveness as they pass through the digestive system. By contrast, NAD+ infusions or injections deliver the coenzyme directly to cells, bypassing digestion, for better absorption and faster effects, helping to jumpstart the body's healing process.

BENEFITS OF NAD+

- Maximizes brain function
- Restores energy and decreases fatigue
- Promotes cell regeneration
- Contains anti-aging properties



Glutathione

Glutathione is a powerful antioxidant composed of three amino acids, crucial for many of your body's most important functions. Produced by every cell in the human body, glutathione plays a vital role in numerous cellular processes. It's essential for maintaining a healthy, fully functioning immune system. Protecting yourself from free radical damage: To understand why glutathione is such an important and effective antioxidant, it's helpful to learn about free radicals and their potential negative effects on the body. Free radicals are essentially toxins or harmful elements from sources like cigarette smoke, pesticides, car exhaust, and environmental pollutants. Interestingly, even stress can cause free radical damage.

BENEFITS OF GLUTATHIONE

- Slows down the aging process
- Improves mental focus and clarity
- Improves sleep
- Detoxifies
- Increases energy
- Strengthens immune system
- Fights free radicals
- Reduces the effects of stress
- Enhances performance and speeds recovery



MOTS-C

MOTS-C is a mitochondrial-derived peptide that plays a key role in metabolic regulation and cellular energy production. It enhances the body's ability to utilize glucose efficiently and supports metabolic flexibility at the cellular level. By improving mitochondrial function, MOTS-C helps increase energy production, support weight management, and improve overall metabolic health. It is often used in protocols focused on longevity, endurance, and metabolic optimization.

BENEFITS OF MOTS-C

- Improves insulin sensitivity
- Supports metabolic health
- Enhances cellular energy production
- Promotes fat utilization
- Supports endurance and stamina
- Aids in weight management
- Supports longevity pathways

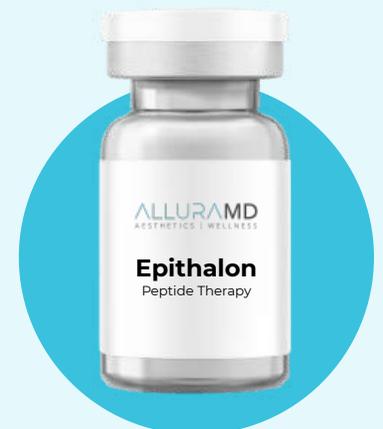


Epithalon

Epithalon is a peptide associated with cellular aging and longevity. It is known for its role in supporting telomere maintenance, which is critical for cellular health and replication. By influencing circadian rhythm regulation and cellular repair mechanisms, Epithalon supports healthy aging, improved sleep, and long-term vitality. It is commonly used in longevity-focused protocols to promote cellular renewal and resilience.

BENEFITS OF EPITHALON

- Supports healthy aging
- Promotes telomere maintenance
- Improves sleep quality
- Supports circadian rhythm balance
- Enhances cellular repair
- Promotes longevity pathways
- Supports overall vitality



PEPTIDE THERAPY

Frequently Asked Questions

What are peptides?

Peptides are very tiny proteins made up of short chains of amino acids. They signal the cells in your body to act in certain ways. As a result, peptides are responsible for how you function, feel, look and live overall. Since different peptides affect different cells and functions, they can be highly tailored and targeted to treat a full spectrum of health, wellness, fitness, aging and cognitive conditions.

Who is a good candidate for peptide therapy?

Peptides are beneficial for any man or woman who wants to look, feel, live, and perform their very best. If you maintain an active life and are seeking a simpler way to improve your health, weight, or fitness concerns, peptides may be perfect for you. Your doctor can help you find the best peptides for your lifestyle and personal goals. If you are pregnant, breastfeeding, taking medications, or have a medical condition, it's important to discuss these conditions with your doctor before proceeding with peptide therapy.

Are there any side effects from using peptides?

Since peptides are pure amino acids, the body easily breaks them down, and there are few adverse reactions. Be aware that the safety of your peptide therapy all depends on the source of your peptides. It's important to only get peptide treatments from an experienced and trained medical professional. Peptides ordered online or from less trustworthy sources may include harmful additives, and the dosing could be too high or too low.

How are peptides administered?

Peptides can be administered in a number of ways based on their formulation. Most of the time, peptides are administered intradermally, yet they can also come in the form of nasal sprays, transdermal creams and oral tablets.

Do I need to change my normal routine?

There is no need to alter your daily routine when proceeding with peptide therapy. Yet you may choose to enhance their many benefits by maintaining a healthy diet, staying active, getting plenty of sleep, and reducing stress. We will work with you to help you make these lifestyle changes and support your healthy goals.

Are there any medical issues that would prevent me from using peptides?

If you have any health conditions, are undergoing any treatments or taking any medication, it's important to discuss these with your doctor or a specialist before proceeding with peptide therapy.

How quickly do peptides work?

When you start peptide therapy, you may notice results within a matter of weeks. That said, it can take anywhere from 3-6 months before you begin to notice the full benefits of your treatments.

How can I get started?

Schedule a consultation with AlluraMD. We will help you determine which peptides will help you live the life you've always wanted. Within 3-6 months, after starting your personalized peptide therapy, you will see and feel the full benefits of your treatments.

Elevated Lifestyle Medicine

The AlluraMD Difference

Our philosophy is rooted in being adaptive, innovative, and deliberate, collaborating with our patients to deliver exceptional aesthetic results. We are energetic, passionate, and enthusiastic about empowering our patients to look and feel their best.

With a focus on trustworthiness, credibility, and ethical practices, we offer natural-looking enhancements and cutting-edge solutions. Our warm, comforting, and safe environment fosters long-lasting relationships, making every visit enjoyable, educational, and results-driven. Join us in our journey to elevate your beauty and well-being.

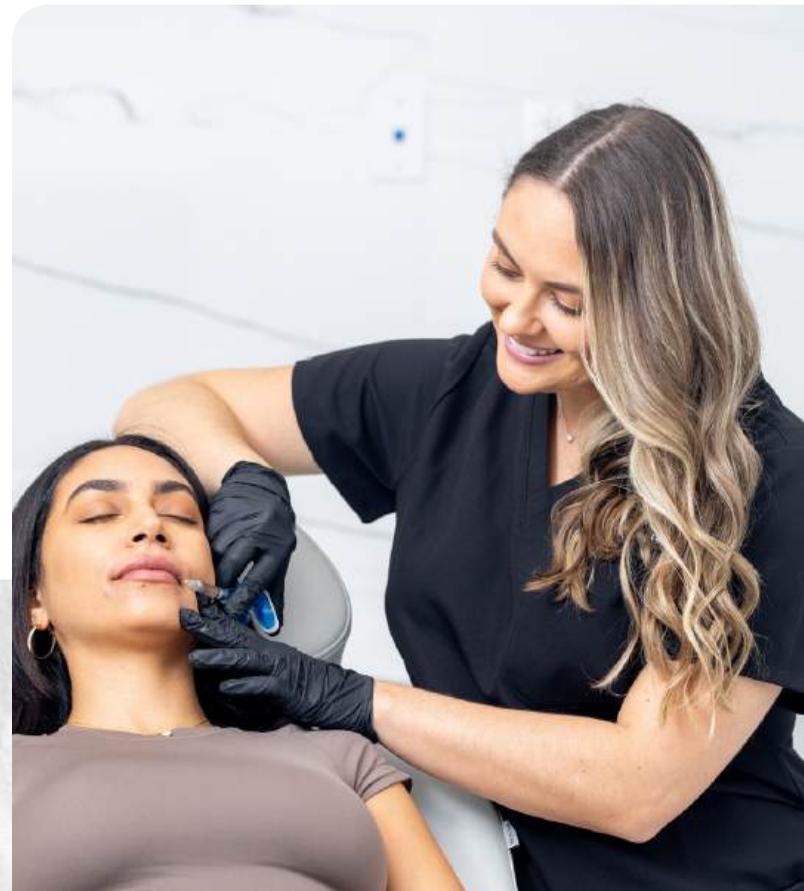
Whether you're seeking a refreshed appearance with aesthetic treatments or exploring the power of cutting-edge wellness options, our dedicated team of specialists is here to guide you.

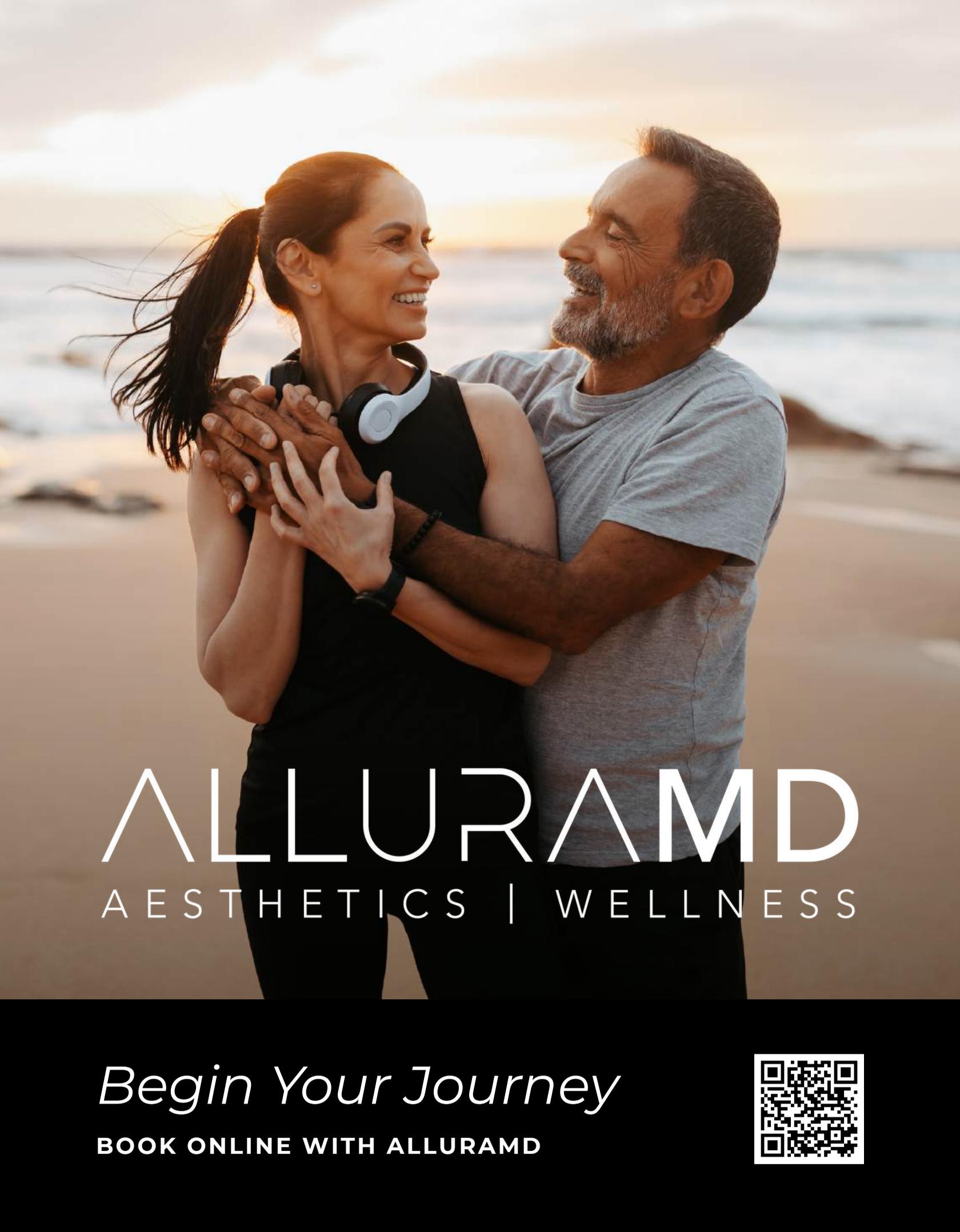
Aesthetic Treatments:

- Injectables and Fillers
- Laser and Energy
- Body Contouring
- Skin Treatments
- Facial Rejuvenation
- Hair Restoration

Wellness Solutions:

- Peptide Therapy
- TV Therapy
- Concierge Medicine
- Sexual Wellness





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